



## April

4/25 - Norfolk

4/28- Deacon Meeting

## May

5/21-23 Lancaster

5/26 - Deacon Meeting

## June

6/9 - Business Meeting

6/20 - Local Dinner

6/23- Deacon Meeting

## July

7/15 - Local Dinner

7/28- Deacon Meeting

## August

8/15 - Local Dinner

8/22 - Day Trip

8/25- Deacon Meeting

### APR 16- WEEKLY BIBLE STUDIES

Petersburg Home for Ladies | 11:45 am  
Colonial Heights Health Care | 2 pm  
Dunlop House Assisted Living | 3:30 pm

### APR 17 - MIDWEEK ACTIVITIES

- Barnabas Ministry @ 9:30 am / Conference Room -need visitation volunteers
- Prayer Team @ 6:00 pm / Chapel -need more prayer warriors

### APR 25 - NORFOLK

Bus leaves at 9:00 am. **Cost: \$20** for transportation and entrance to the Norfolk Botanical Gardens, bring additional money for lunch at Ynot Italian. **RSVP today.**

### MAY 21-23 - LANCASTER, PA

For those who are already signed up for the Lancaster trip and have not updated your medical form in the past year, please get one from the church office, fill it out, and return it before the trip.

### JUN 3-7 - SPORTS & MORE CAMP

With the growing interest in the Sports & More Camp, we'll need plenty of volunteers! Contact Karen Stoupa for more details.

### JUN 20- LOCAL RESTAURANT DINNER

Make your calendars for dinner at a local restaurant. More details to come soon!

## **Sunday, April 14, 2024**

### JULY - ASSISTED LIVING VBS

Pray about volunteering to help this year at one of the assisted living homes.

- Petersburg Home for Ladies
- Colonial Heights Convalescent
- Dunlop House Assisted Living

### JUL 15- LOCAL RESTAURANT DINNER

Make your calendars for dinner at a local restaurant. More details to come soon!

## **FOLLOW US ON:**

### **FACEBOOK**

<https://www.facebook.com/people/MPBCLife-55/100078315830293/>

### **WEBSITE**

[mpbclife.com/adults-55](http://mpbclife.com/adults-55)

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*"If you are saved, you will have a desire to be holy, a hunger for the Word, the inner witness of the Spirit, and a desire to share Jesus. These are the birthmarks of the believer."*

*Adrianisms, Rogers Adrian*

*"He himself bore our sins in his body on the tree, that we might die to sin and live to righteousness. By his wounds you have been healed." 1 Peter 2:24 (ESV)*

•HAPPY•  
*Birthday*  
 TO YOU

4/14 - Eddie Adams, Bill Ogburn,  
 & Kyong Smith

4/15 - Yvonne Williams

4/17 - Gaby Booker

4/20 - Virginia Barnidge & Jon Williams

**UPDATED MEDICAL FORMS ARE NEEDED!**

If you have not updated your medical form in the past year, please get one from the church office, fill it out, and return it before your next trip with our church. These are essential in case of injury or illness while on one of our church trips. The purpose, of course, is to help us to know better how to help you in case of emergency.

Copies are available on the 55+ Ministry wall in the church office.

**PRAY FOR OUR CHURCH MEMBERS**

Chris Clarke	Madelyn Milan
Beverly Cook	Jim Rank
Sid Cook	Jerry Snead
Susan Crane	Don Tipton
Raymond Doss	Anita Wagner
Charlotte Fleming	Candy Williams
Randy Hawkins	Pamela Young
Audrey Jacobson	<b>Susan Zimmerman</b>
Norman Jacobson	

**PRAY FOR HOMEBOUND MEMBERS AND FRIENDS**

**Brighter Living, Hopewell** - Freda Allen  
**Colonial Heights Convalescent** - Edna Andrews,  
 Jack Kidwell, Dale Sheets  
**Crossings** - Virginia Douglas  
**Dunlop House** - Helen Ellis, **Virgie Heermance**  
 Lillie Lowery, Chris Merhout  
**Petersburg Home** - Martha Ailstock, Anne Dobson,  
 Dorothy Rammage, Ruth Russo  
**Sunrise Villas, Tuckahoe** - Margaret Blackwood

**Adults 55+ Small Group Bible Study Attendance 04/07/2024**

**HEALTH CARE & REHAB CENTERS/ASSISTED LIVING**

Colonial Heights Healthcare and Rehab Center	22
Dunlop House Assisted Living	20
Petersburg Home for Ladies	11

Bible Book Navigators (55+) Bob Miller	8
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Growing in Him (60+) Ann and Marty Lastovica	18
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H M Hodges II (11 a.m.) (70+) Mike Burchard	25
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Generations Bill & Bonnie Wesner	3
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Loving Right (60+) Tommy Wright	6
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Golden Adventures (78+) Howell/Ponder	8
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Ready (55+) Lynda Phelps	28
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Mel Jones (70+) Bill Toth	4
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<b>Total</b>	<b>153</b>
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**Who am I?**

God asked Abraham to go to the land of Moriah to offer me as a burnt offering. Who am I?

I am a book in the Bible. Written in me are the words: "so that the people could not distinguish the sound of the joyful shout from the sound of the people's weeping". Who am I?

I am Saul's son, and I was David's friend. Who am I?

**Last weeks answers: Mary | Jesus Christ | Caleb | Cornelius**

*"He himself bore our sins in his body on the tree, that we might die to sin and live to righteousness. By his wounds you have been healed." 1 Peter 2:24 (ESV)*