



**Sunday, January 7, 2024**

## January

1/10 - Midweek Resumes

1/20 - Men's Breakfast

1/25 - Day Trip

1/27 - Women's Conference

1/28 - Deacon Meeting

## February

2/11 - Widow's Luncheon

2/22 - Local Dinner

2/25 - Deacon Meeting

## March

3/21 - Luncheon

3/24 - Deacon Meeting

### SOMETHING NEW IS COMING TO MPBC

This upcoming year, as a church we will have the opportunity to read the entire Bible together chronologically. To join this plan, find Mount Pleasant on the Youversion Bible



app. Starting on January 1, weekly reading passages and featured streets will be listed at the end of each Pulse or available as a flyer from the Welcome Desk. Get ready to walk through Scripture together as a church - and then walk with Jesus in our community.

### JAN 9 - WEEKLY BIBLE STUDIES

Petersburg Home for Ladies | 11:45 am  
Colonial Heights Health Care | 2 pm  
Dunlop House Assisted Living | 3:30 pm

### JAN 10 - MIDWEEK ACTIVITIES

- Barnabas Ministry @ 9:30 am / Conference Room - need visitation volunteers
- Prayer Team @ 5:45 pm / Chapel - need more prayer warriors

### JAN 20 - MEN'S BREAKFAST

The Men's Ministry next Men's Breakfast will be held on Saturday, January 20. Join them in the CAC at 7:30 for fellowship, food, and a word from a guest speaker.

### JAN 25 - STONEY POINT

Bus leaves at 11:00 am **Cost: \$5.00 per person** plus money for lunch at Jason's Deli and shopping at the mall. **RSVP by Jan 21.**

### JAN 27 - WOMEN'S CONFERENCE

MPBC ladies, don't miss the Leaving a Legacy: Women's Conference featuring Trudy Cathy White, daughter of the Chick-Fil-A founder Truett Cathy! Paid \$12 registration is due by Jan 21. For more information, contact Lyana Smith!

### UPCOMING 2024 (Subject to Change)

- Feb 11 - Widow's Luncheon
- Feb 22 - Local restaurant dinner
- Mar 21 - MPBC Luncheon
- Apr 25 - Norfolk
- May 21-23 - Lancaster
- Jun 20 - Local restaurant dinner
- Jul - Assisted Living VBS
- Jul 31 - Local restaurant dinner
- Aug 15 - Local restaurant dinner
- Aug 22 - Somerset, VA
- Sept 26 - Smithfield, NC
- Oct 24-26 - Bedford, VA
- Nov 14 - Local restaurant dinner
- Dec 19 - MPBC Luncheon

### FOLLOW US ON

#### FACEBOOK

<https://www.facebook.com/people/MPBCLife-55/100078315830293/>

#### WEBSITE

[mpbclife.com/adults-55](http://mpbclife.com/adults-55)

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*“Worship is doing everything in the name of Jesus and giving God thanks for it.”*

*Adrianisms, Rogers, Adrian*

•HAPPY•  
*Birthday*  
 TO YOU

1/7 - Mary Deans, Ken Gilliam,  
 Mike Hathcock, & Sharon Santiago

1/8 - Kenneth Lewis

1/9 Elizabeth Brockwell, Sandra Rice,  
 Rita Schiff, & Helen Tarantino

1/10 - Anthony Tarantino

1/12 - Judy Pond

1/13 - Linda Collins

**PRAY FOR OUR CHURCH MEMBERS**

Earle Burton	Joe & Betty Hales
Tom Cairns	Audrey Jacobson
<b>Carolyn Carter</b>	Bobbie Johnston
<b>Jeannie Collins</b>	Malvin Lanier
Beverly Cook	Nestor Milan
Susan Crane	Madelyn Milan
Uta Denney	Collin Phelps
Harless Dobbins	Glorybell Ramirez
Raymond Doss	Bill Salot
Robert (Bob) Gwin	Jerry Snead
Wanda Hackett	Anita Wagner
<b>Wynn Hasty</b>	<b>Thelma Wilfong</b>

**UPDATED MEDICAL FORMS ARE NEEDED!**

If you have not updated your medical form in the past year, please get one from the church office, fill it out, and return it before your next trip with our church. These are essential in case of injury or illness while on one of our church trips. The purpose, of course, is to help us to know better how to help you in case of emergency.

Copies are available on the 55+ Ministry wall in the church office.

**PRAY FOR HOMEBOUND MEMBERS AND FRIENDS**

**Brighter Living, Hopewell** - Freda Allen

Doug & Virginia Douglas

**Colonial Heights Convalescent** - Edna Andrews

**Dunlop House** - Helen Ellis, Virgie Heermance

Lillie Lowery, Chris Merhout,

**Petersburg Home** - Martha Ailstock, Anne Dobson,

Dorothy Rammage, Ruth Russo

**Sunrise Villas, Tuckahoe** - Margaret Blackwood

**Adults 55+ Small Group Bible Study Attendance 12/31/2023**

**HEALTH CARE & REHAB CENTERS/ASSISTED LIVING**

Colonial Heights Healthcare and Rehab Center

Dunlop House Assisted Living

Petersburg Home for Ladies

Bible Book Navigators (55+) Bob Miller

Growing in Him (60+) Ann and Marty Lastovica 12

H M Hodges II (11 a.m.) (70+) Mike Burchard 18

Generations Bill & Bonnie Wesner 8

Loving Right (60+) Tommy Wright 8

Golden Adventures (78+) Allen/Howell 4

Ready (55+) Lynda Phelps 23

Mel Jones (70+) Bill Toth 2

**Total 75**

**Who am I?**

I am a book in the Bible. Written in me are the words: "God is spirit, and those who worship him must worship in spirit and truth." Who am I?

I was a shepherdess. I met my future husband when I went to the well to give water to the sheep. Who am I?

I am a city. According to the book of Daniel, Darius was my king. Who am I?

Last weeks answers: Do you hear what I hear? | Silent Night | Jingle Bells